

Pool Use Schedule November 2023 Updated 10/30/23

Updated 10/30/23

Monday

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30		
Competition Pool	6 Lanes				3 Lanes		2 Lanes		3 Lanes		Open Swim - 6 Lanes									1 Lane					0 Lanes					
Aqua Aerobics					Dig DEEP 3 Lanes		Aqua Blast 4 Lanes		Aqua EZ 3 Lanes																		Swim Lessons 2 Lanes			
Therapy Pool																					Swim Lessons									
Swim Teams																					Swim Teams-3:15-8:00p - 5 Lanes									

Tuesday

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	
Lap Swim	6 Lanes						2 Lane		6 Lanes		Open Swim - 6 Lanes									1 Lane						0 Lanes			
Aqua Aerobics							Aqua Rock 4 Lanes																				Swim Lessons 2 Lanes		
Therapy Pool									Flex & Stretch		Aqua Arthritis		Aqua Express		Aqua Arthritis						Swim Lessons								
Swim Teams																				Swim Teams-3:15-8:00p - 5 Lanes									

Wednesday

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	
Lap Swim	6 Lanes				3 Lanes		2 Lanes		6 Lanes		OpenSwim - 6 Lanes									1 Lane					0 Lanes				
Aqua Aerobics					Burn & Stretch 3 Lanes		Aqua Blast 4 Lanes																				2 Lanes		
Therapy Pool									Anything Goes												Swim Lessons								
Swim Teams																					Swim Teams-3:15-8:00p - 5 Lanes								

Thursday

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30		
Lap Swim	6 Lanes						2 Lane		6 Lanes		Open Swim - 6 Lanes									1 Lane					0 Lanes					
Aqua Aerobics							Aqua Rock 4 Lanes																			2 Lanes				
Therapy Pool									Flex & Stretch		Aqua Arthritis		Aqua Express		Aqua Arthritis						Swim Lessons									
Swim Teams																					Swim Teams-3:15-8:00p - 5 Lanes									

Friday

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30		
Lap Swim	6 Lanes				3 Lanes		2 Lane		6 Lanes		Open Swim - 6 Lanes									1 Lane					0 Lanes					
Aqua Aerobics					Dig DEEP 3 Lanes		Aqua Blast 4 Lanes																			2 Lanes				
Therapy Pool									Flex & Stretch		Aqua Arthritis											Swim Lessons								
Swim Teams																					Swim Teams-3:15-8:00p - 5 Lanes									

Saturday																														
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30		
Lap Swim	6 Lanes		4 Lanes				0 Lanes				Open Swim 6 Lanes						4 Lanes		1 or 3	Open Swim 3-6 Lanes										
Aqua Aerobics							Aqua Blast 4 Lanes		Aqua Zumba 4 Lanes							Swim Lessons 2 Lanes														
Therapy Pool							Swim Lessons - 9:00am - 1:30																							
Swim Teams			Rockfish-7:00-9:00a - 4 Lanes				Rockfish-9:00-11:00a - 2 Lanes													Birthday Party Rentals - 3:00p-7:30p										

Sunday														
		12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	
Lap Swim		4 Lanes	Open Swim 6 Lanes					4 Lane	Open Swim 3-6 Lanes					
Aqua Aerobics		2						2						
Therapy Pool			Swim Lessons					Birthday Party 3:30p-5:30p						
Swim Teams														

Events and Classes (May affect lane availability)
PADI Open Water Diver Cert: 11/11, 11/12: 8am-12pm
PADI Discover Scuba Course: 11/11: 8am-9am
PADI Reactivate Refresher Course: 11/12: 12pm-4pm